



ABSTRACT OF THE DISCLOSURE

When content data is downloaded under a pull-type connection, a domestic client terminal device incorporates a schedule file supplied from a server machine, and the domestic client terminal device then accesses the server machine at the time specified by the schedule file, to thereby download the desired content data. When the content data is distributed under a push-type connection, the server machine accesses the individual domestic client terminal devices according to the schedule determined on the server machine side, and then distributes the desired content data.